

Beef Steak Broiled

Written by Our Family

Ingredients

	Quantity:	Measure:	Ingredients:	Description:
	1	Kilogram	Beef - Sirloin	Cut the meat
1		Teaspoon	Pepper Powder	Sprinkle
5		Grammes	Salt	Sprinkle
6		Tablespoon	Ghee	For Frying
4		Nos	Tomatoes	Cut and fried
4		Nos	Onions	Slice and fry

Method

Cut the meat in quarter inch thick slices and wash. In a frying pan fry the meat slices on either side. Remove the fried pieces in a serving dish and sprinkle pepper powder and salt and serve hot with half fried onions and tomatoes.

Normal cooking time is twenty minutes. Exact time is not given, because there are those who prefer it half cooked and others well cooked.