Ingredients

Quantity:	Measure:	Ingredients:	Descri
1	Ounce	Cloves (spice)	
2	Ounce	Cardamoms	
1	Ounce	Cinnamon	
1	Ounce	Pepper Corns	
Quarter	Ounce	Methi - Fenugreek	Dry grinding
1	Ounce	Jeera/Cumin Seeds	Dry grinding
3	Ounce	Coriander/Dhania	Dry grinding
Quarter	Teaspoon	Nutmeg powder	
Quarter	Teaspoon	Mace Powder/Javitri	

Method

Roast coriander seeds, cumin, and fenugreek seeds separately for a few minutes until their rich aroma is given off. Combine with all other ingredients and (dry) grind on a mixer.

Pass the mixture through a sieve and store in an airtight jar.

NOTE: Roasting the ingredients separately is important since each gives off its characteristic aroma at a different time.