

## Boiled Mangoes in Salt

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### Ingredients

Quantity:	Measure:	Ingredients:	Description:
25	Medium	Mango - Raw	Fleshy
5	Teacup	Salt - Crystals	for soaking

### Method

In enough water, boil the mangoes till they cook. Do not allow them to crack by overboiling. Remove and allow them to cool.

In ten cups of water, boil five cups of crystal salt, and when completely dissolved, allow it to cool.

Place the cooled mangoes in a jar, and pour the salt water over them, and close the jar.

Can use after a month as the mangoes absorb the salt.