

### Ingredients

Quantity	Measure	Ingredients	Description
2	Medium	Banana	Ripe, slice
1	Medium	Cucumber	pare and slice
1/2	Teaspoon	Pepper Powder	
3	Medium	Potatoes	Boil, peel and slice
1/2	Teaspoon	Salt	to taste
1	Teaspoon	Sugar	
4	Large	Tomatoes	slice
1	Tablespoon	Vinegar	

### Method

After preparing the ingredients, by washing, boiling and peeling etc, as the case may be, put them in a vessel and sprinkle the pepper powder, salt and vinegar. Finally, put the sugar and mix by jerking the vessel, and moving the ingredients in it. When the condiments have been blended, arrange the ingredients, in a salad dish, and top it up with mayonnaise, or a salad dressing.