

Ingredients

Quantity	Measure	Ingredients	Description
1	Nos	Coconut tender	Remove the kernel
400	Grammes	Jaggery	powdered
1	Kilogram	Sweet Potatoes	Boil

Method

Boil the sweet potatoes in water with a little salt. When done, drain the water, and allow to cool. Remove the skin, and cut the sweet potatoes into thin slices.

Remove the kernel of the tender coconut, and mix jaggery with it and when blended, add the sweet potato pieces, and whisk till they are properly mixed.