Ingredients

Quantity:	Measure:	Ingredients:	Descrip
0.25	Teaspoon	Baking Powder	
0.25	Teacup	Corn Flour	Cornmeal
5.5	Teacup	Flour, Wheat - (Atta)	
2	Teacup	Milk	
2	Teaspoon	Salt	
1	Tablespoon	Sugar	
0.5	Teacup	Water	
2	Teaspoon	Yeast - dry	

Method

Preheat oven to 400 degrees. Mix first 4 ingredients together in a medium size bowl. Mix last 3 ingredients together in another bowl. Add liquid ingredients to dry. And mix with as few strokes as possible. Line muffin pan with paper liners. Fill liner 3/4 of the way full. Bake for about 20 minutes or until done. *Variations add about 1 cup of fruit or vegetables and 1 teaspoon of spice.