3 heaped cups self raising flour
300ml. cream
300 ml Sprite/Lemonade/Beer

Mix the three quickly by folding the ingredients one into the other..place spoonful on a greased baking tray and bake in a hot oven till golden.

OPTIONAL
Add: grated cheese;
grated carrots and peas;
sultanas or raisins ;

OR
serve warm halved and spread with butter and jam

Contributed by Mrs. Miriam Walter

Recipe for quick and tasty scones