

Meat Loaf with Potatoes

Written by Friends' Contribution



Ingredients

Quantity

Measure

Ingredients

Description

1	Kilogram	Mutton - Mince	
5	Large	Potatoes	Boiled and sma
1	Teacup	Tomato Puree	
1	Teaspoon	Pepper Powder	
.5	Teaspoon	Salt	

Method

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KAFTA U BATAATA BI SSANIEH

For a one dish meal try this combination of meat loaf baked with sliced, boiled potatoes.

Prepare meat as for Kofta in a Tray. Spread the meat on an oiled tin or baking pan. Cover with a layer of thickly sliced boiled potatoes topped with a layer of sliced tomatoes. Combine a cup of tomato juice with salt and pepper to taste and pour over the vegetables. Bake in a moderate oven until the meat is well cooked and the sauce has thickened like gravy.