

Ingredients

Quantity

Measure 1

Ingredients

Description

.5

1	Kilogram	Mutton - Mince	
5	Large	Potatoes	Boiled and smas
1	Teacup	Tomato Puree	
1	Teaspoon	Pepper Powder	

Salt

Method

Meat Loaf with Potatoes KAFTA U BATAATA BI SSANIEH

For a one dish meal try this combination of meat loaf baked with sliced, boiled potatoes. Prepare meat as for Kofta in a Tray. Spread the meat on an oiled tin or baking pan. Cover with a layer of thickly sliced boiled potatoes topped with a layer of sliced tomatoes. Combine a cup of tomato juice with salt and pepper to taste and pour over the vegetables. Bake in a moderate oven until the meat is well cooked and the sauce has thickened like gravy.

Teaspoon