

Banana Milk Shake

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Ingredients

Quantity	Measure	Ingredients	Description
2	Nos	Banana	ripe, peeled, and sliced
2	Teacup	Milk	chilled
1/2	Teaspoon	Vanilla Essence	

Method

1) In a blender combine: bananas, vanilla extract and 1 cup milk and blend it well until it is smooth. Add the vanilla ice cream to the banana milk. And with the blender motor running, add the remaining milk and blend, until it is thoroughly mixed.