

## Into Your Hands - Good Friday

Written by W.J.Pais

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### for Lent

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**Father, into your hands, I commend, my Spirit. - twice.**

**Verse 1.**

**In you O Lord, I take refuge, Let me never be put to shame**

**In your justice set me free, Into your hands I commend my Spirit**

**It is you O Lord, who will redeem me.**

**Refrain: Father into your hands I commend my Spirit.**

**Verse 2**

**In the face of all my foes, I am a reproach**

**An object of scorn to my neighbors, and of fear, to my friends.**

**Refrain: Father into your hands I commend my Spirit.**

**Verse 3.**

**Those who see me in the street, run far away from me**

**I am like a dead man/forgotten in men's hearts, Like a thing thrown away.**

**Refrain: Father into your hands I commend my Spirit.**

**Verse 4.**

**But as for me / I trust in you Lord, I say "you are my God"**

**My life is in your hands, deliver me. from the hands of those who hate me.**

**Refrain: Father into your hands I commend my Spirit.**

**Verse 5.**

**Let your face shine on your servant, save me in your love,**

**Be strong / let your heart take courage, all those who hope in the Lord.**

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