Written by W.J.Pais

If the right scroll bar of a pdf file is hidden, reload the page again. The background music is repeated thrice for each exercise. Keep your speakers on.

This is for male and female singers. Use the do re mi name set for singing, as it builds an association between the name and its sound, irrespective of the pitch.

In the second book, I introduce, crochets, minims and semibreves. In addition, rests are introduced. Rests are used to give a breathing space while singing. They are also used in harmony, to emphasize a particular line, or to give variation. A piece in harmony uses different instruments, playing matching melodies, or uses different voice ranges, doing the same thing. You will know more about harmony later, once you have been able to handle ordinary melody line. To sing in harmony, you have to have singers of different voice ranges. It is much easier to train a literate choir than one which is not. A literate choir can perform at a short notice, whereas those who can not read notes, have to learn their parts by heart and need a long time of preparation.

Open the Score pdf file by clicking HERE

If you have any questions, or would like to send me your appreciation, please write to me at

mangrecs4u@gmail.com