

Ingredients

Quantity	Measure	Ingredients	Description
1	Teaspoon	Cardamom Powder	For Kheer p
200	Grammes	Jaggery	For Kheer p
1	Liter	Milk	For Kheer p
Half	Liter	Water	For Kheer
1/2	Kilogram	Rava/Soji/"Semolina"	
For Kheerpreparation			

Method

Dilute half liter of milk in half liter of water and cook the rava in it stirring occasionally so that it does not form lumps. Scrape jaggery and add to it with the cardamom powder. When soji is cooked, add the other half liter of milk and bring it to a boil. Taste it and add some salt to taste if you feel like it.