

## Ingredients

uantity:
400

Measure:
Grammes
As Required

Ingredients:
Flour, Rice
Salt

Description:
Of raw ri

## Method

Sift the flour in a deep thali. Pour some salt to taste into a little hot water, and knead it to a dry dough.

Divide the dough into equal parts and form balls. Place a clean plantain leaf on kitchen table, an press the ball to form a thick bhakar. (a chapatti).

These muffins as they are called, should be sufficiently thin. Place them on a hot tawa, and roast them for ton both sides. Let them be crisp.

