

## Ingredients

Quantity	Measure	Ingredients
30	Grammes	Rice, Boiled (ukda chawal)
	As Required	Salt

## Method

Boil little water and add 30 grams (or a handful) of rice powder to make the solution into a thin liquid. Add one level teaspoon of salt and water to this liquid to make it up to 1 litre.

[http://www.indiaparenting.com/diet/data/diet16\\_06.shtml](http://www.indiaparenting.com/diet/data/diet16_06.shtml)

For more information visit the above website.