Ingredients

Quantity	Measure □	Ingredients []	Description
2	Medium	Chillies Green	Chopped
1	Tablespoon	Cooking Oil	
8-10	Nos	Curry Leaves	Wash and m
1/2	Teaspoon	Dhal, Chana	Rast and Po
1/2	Teaspoon	Dhal, Urid (white)	Rast and Po
1/4	Teacup	Onions	Chopped
	As Required	Salt	to taste
1	Teacup	Tomato Juice	Chopped
1/4	Teaspoon	Turmeric Powder	

Method

Wash the tomatoes, green chillies and onions. Chop the tomatoes, green chillies and onions and keep aside.

Roast the Dhals and pound them to a coarse powder.

Wash and cut the curry leaves into smaller bits.

Mix the turmeric powder with the Dhals and fry in cooking oil and add the tomatoes, chillies and onions and fry till they get cooked.

Add salt to taste.